VENTA CARE CENTRE

SPRING/SUMMER 2025

WEEK 1

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HS Assorted Sandwiches Assort Milk or Juice M	 ♣Cranberry Chicken ♣Anna Potatoes ♣Glazed Carrots ♣European Cake Bites ♠European Lasagna 	Assorted Cookies Milk or Juice	*Chicken Tortilla Soup *Beef and Rice Casserole *Spring Mix Salad *Fruit Cocktail OR: Assorted Sandwiches	Milk or Juice	♣Cream of Wheat ♣Cottage Cheese ♣Toast and Preserves ♣Fresh Fruit OR: Cold Cereal Peanut Butter	MONDAY May 26 June 23 July 21 Aug 18 Sept 15 Oct 13
Assorted Sandwiches Milk or Juice	 ♣Bavarian Pork Chops ♣Warm Potato Salad ♣Braised Red Cabbage ♣Butterscotch Pudding With Wafers OR: Roasted Fish 	Assorted Cookies Milk or Juice	♣Summer Vegetable Soup Tuna Salad Cold Plate: ♣Tuna Salad ♣Pasta Salad ♣Tomato Slices ♣Pickles ♣Brioche Bun ♣Strawberries	Milk or Juice	 ♣Cream of Wheat ♣Hard Boiled Eggs ♣Toast and Preserves ♣Fresh Fruit OR: Cold Cereal Peanut Butter 	TUESDAY May 27 June 24 July 22 Aug 19 Sept 16 Oct 14
Assorted Sandwiches Milk or Juice	♣Garlic Butter and Lemon	Assorted Cookies Milk or Juice	♣Broccoli and Cheese Soup ♣BBQ Mozza Burger ♣ Waffle Fries ♣ Marinated Vegetable Medley ♣ Honeydew Melon <u>OR:</u> Assorted Sandwiches	Milk or Juice	*Oatmeal *Cheesy Scrambled Eggs *Toast and Preserves *Fresh Fruit OR: Cold Cereal Peanut Butter	WEDNESDAY May 28 June 25 July 23 Aug 20 Sept 17 Oct 15
Assorted Sandwiches Milk or Juice	*Dill Cream Turkey Schnitzel *Rosemary Baby Potatoes *Bistro Mix *Danish OR: Liver and Fried Onions	Assorted Cookies Milk or Juice	♣Rainbow Mix Soup ♣Chicken Chunks ♣Chow Mein Noodles ♣Steamed Broccoli ♣Banana OR: Assorted Sandwiches	Milk or Juice	 ♣Cream of Wheat ♣ Turkey Sausage ♣Toast and Preserves ♣Fresh Fruit OR: Cold Cereal Peanut Butter 	THURSDAY May 1 May 29 June 26 July 24 Aug 21 Sept 18 Oct 16
Assorted Sandwiches Milk or Juice	 Classic Roast Beef Dinner ♣Mini Yorkies ♣Mashed Potatoes ♣Glazed Turnips ♣Homemade Chocolate Peanut Butter Bars <u>OR:</u> Soup and Sandwich 	Assorted Cookies Milk or Juice	*Chicken Parmesan Soup *Monte Cristo Sandwich *Tater Tots * Carrot Salad with Lemon Dijon Vinaigrette *Diced Pears OR: Assorted Sandwiches	Milk or Juice	♣Oatmeal ♣Poached Eggs ♣Toast and Preserves ♣Fresh Fruit <u>OR:</u> Cold Cereal Peanut Butter	FRIDAY May 2 May 30 June 27 July 25 Aug 22 Sept 19 Oct 17
Assorted Sandwiches Milk or Juice	♣Meat Lasagna ♣Garlic Toast ♣Tangy and Honey Brussel Sprouts ♣Yogurt <i>OR:</i> Barbecue Pork Roast	Assorted Cookies Milk or Juice	*Summer Borscht *Cheese Perogies with Grilled Onions and Sour Cream *Sautéed Sauerkraut *Garlic Sausage *Garden Peas *Mandarin Segments OR: Assorted Sandwiches	Milk or Juice	*Oatmeal *Cheese *Muffin *Toast and Preserves *Fresh Fruit OR: Cold Cereal Peanut Butter	SATURDAY May 3 May 31 June 28 July 26 Aug 23 Sept 20 Oct 18
Assorted Sandwiches Milk or Juice	 ♣ Ham with Maple Fruit Sauce ♣ Scalloped Potatoes ♣ California Mixed Vegetables ♣ Pie Night <u>OR:</u> Herbed Chicken 	Assorted Cookies Milk or Juice	*Cream of Mushroom Soup *Chicken Tenders with Honey BBQ Sauce	Milk or Juice	♣Cream of Wheat ♣Scrambled Eggs and Bacon ♣Toast and Preserves ♣Fresh Fruit OR: Cold Cereal Peanut Butter	SUNDAY May 4 June 1 June 29 July 27 Aug 24 Sept 21 Oct 19

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Assorted Sandwiches Milk or Juice	♣Mediterranean Chicken	Assorted Cookies Milk or Juice	♣French Onion Soup ♣Classic Patty Melt ♣Fries ♣Citrus Romaine Salad ♣Mango <u>OR:</u> Assorted Sandwiches	Milk or Juice	♣Cream of Wheat ♣Cottage Cheese ♣Toast and Preserves ♣Fresh Fruit OR: Cold Cereal Peanut Butter	MONDAY May 5 June 2 June 30 July 28 Aug 25 Sept 22 Oct 20
Assorted Sandwiches Milk or Juice	♣Grainy Mustard Pork Chops ♣Yukon Gold Potatoes ♣Paradiso Vegetable Blend ♣Mini Blueberry Tarts <u>OR:</u> Swiss Steak	Assorted Cookies Milk or Juice	*Spring Chicken Noodle Soup *Corned Beef, Swiss Cheese and Lettuce Sandwich *Homemade Creamy Potato Salad * Pickles *Pineapple Tidbits OR: Assorted Sandwiches	Milk or Juice	*Cream of Wheat *Hard Boiled Eggs *Toast and Preserves *Fresh Fruit OR: Cold Cereal Peanut Butter	TUESDAY May 6 June 3 July 1 July 29 Aug 26 Sept 23 Oct 21
Assorted Sandwiches Milk or Juice	*Baked Tilapia with Dill Sauce *Lemony Rice *Lemony Rice *Buttered Peas and Pearl Onions *Ice Cream Sandwich OR: Chicken Burger	Assorted Cookies Milk or Juice	♣Cream of Asparagus Soup ♣Homemade Beef Sausage Roll with Honey Mustard Dip ♣Maple Baked Beans ♣Creamy Cucumber Salad ♣Fresh Orange Sections OR: Assorted Sandwiches	Milk or Juice	♣Oatmeal ♣Vegetable Omelette ♣Toast and Preserves ♣Fresh Fruit OR: Cold Cereal Peanut Butter	WEDNESDAY May 7 June 4 July 2 July 30 Aug 27 Sept 24 Oct 22
Assorted Sandwiches Milk or Juice	*Turkey A La King *Colourful Pasta *Summer Garden Mixed Vegetables *Grape and Peach Jello with Whipped Cream OR: Liver and Fried Onions	Assorted Cookies Milk or Juice	♣Homestyle Turkey and Vegetable Soup ♣Mac and Cheese Hot Dog Casserole ♣Tater Tots ♣Tossed Salad ♣Banana •Banana OR: Assorted Sandwiches	Milk or Juice	*Oatmeal *Cottage Cheese *Toast and Preserves *Fresh Fruit OR: Cold Cereal Peanut Butter	THURSDAY May 8 June 5 July 3 July 31 Aug 28 Sept25 Oct 23
Assorted Sandwiches Milk or Juice	*Chicken Piccata with Lemon Butter Sauce *Fingerling Potatoes *Cheesy Broccoli Florets *Cookie Dough Sheet Cake *Cookie Dough Sheet Cake	Assorted Cookies Milk or Juice	♣Tomato Bean Soup ♣Fish and Chips ♣Tartar Sauce ♣Creamy Coleslaw ♣Canned Apricots <u>OR:</u> Assorted Sandwiches	Milk or Juice	♣Cream of Wheat ♣Mushroom Omelette ♣Toast and Preserves ♣Fresh Fruit OR: Cold Cereal Peanut Butter	FRIDAY May 9 June 6 July 4 Aug 1 Aug 29 Sept 26 Oct 24
Assorted Sandwiches Milk or Juice	*Spaghetti and Meatballs *Garlic Knots *Italian Mixed Vegetables *Cream Puffs with Drizzle *Cream Poffs	Assorted Cookies Milk or Juice	♣Summer Garden Vegetable Soup ♣Cheesy Chicken Bake ♣Spring Mix Salad ♣Homemade Tea Biscuit ♣Tropical Fruit Salad <i>OR:</i> Assorted Sandwiches	Milk or Juice	*Oatmeal *Poached Eggs *Toast and Preserves *Fresh Fruit OR: Cold Cereal Peanut Butter	SATURDAY May 10 June 7 July 5 Aug2 Aug 30 Sept 27 Oct 25
Assorted Sandwiches Milk or Juice	*Honey Garlic Dry Pork Ribs *Chow Mein Noodles *Thai Vegetable Mix *Pie Night OR: Herb Salmon	Assorted Cookies Milk or Juice	*Creamy Corn Chowder *Buttermilk Pancakes with Syrup *Bacon *Scrambled Eggs *Potato Hash *Blueberry with Whipped Topping OR: Assorted Sandwiches	Milk or Juice	♣Cream of Wheat ♣Cheese ♣ Muffin ♣Toast and Preserves ♣Fresh Fruit OR: Cold Cereal Peanut Butter	SUNDAY May 11 June 8 July 6 Aug 3 Aug 31 Sept 28 Oct 26



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O	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
< >	May 12 June 9 July 7 Aug 4 Sept 1 Sept 29 Oct 27	May 13 June 10 July 8 Aug 5 Sept 2 Sept 30 Oct 28	May 14 June 11 July 9 Aug 6 Sept 3 Oct 1 Oct 29	May 15 June 12 July 10 Aug 7 Sept 4 Oct 2 Oct 30	May 16 June 13 July 11 Aug 8 Sept 5 Oct 3 Oct 31	May 17 June 14 July 12 Aug 9 Sept 6 Oct 4	May 18 June 15 July 13 Aug 10 Sept 7 Oct 5
: > m ฆ ผ	♣Cream of Wheat ♣Cottage Cheese ♣Toast and Preserves ♣Fresh Fruit	Cream of WheatHard Boiled EggsToast and PreservesFresh Fruit	♣Oatmeal ♣Poached Eggs ♣Toast and Preserves ♣Fresh Fruit	*Oatmeal *Cheese *Muffin *Toast and Preserves *Fresh Fruit	Cream of WheatWestern OmeletteToast and PreservesFresh Fruit	OatmealTurkey SausageToast and PreservesFresh Fruit	*Cream Of Wheat *Scrambled Eggs and Bacon *Toast and Preserves *Fresh Fruit
-UNDTX	<u>OR:</u> Cold Cereal Peanut Butter	<u>QR:</u> Cold Cereal Peanut Butter	<u>OR:</u> Cold Cereal Peanut Butter	<u>OR:</u> Cold Cereal Peanut Butter	<u>OR:</u> Cold Cereal Peanut Butter	<u>OR:</u> Cold Cereal Peanut Butter	<u>OR:</u> Cold Cereal Peanut Butter
A	Milk or Juice	Milk or Juice	Milk or Juice	Milk or Juice	Milk or Juice	Milk or Juice	Milk or Juice
	♣Minestrone Soup	Cream of Cauliflower and Cheese	*Tomato Soup	♣Spring Harvest Vegetable Soup	Chicker Burger with Many	♣Egg Drop Soup	♣Vegetable Rice Soup
ZCF	*Open Faced Hot Turkey Sandwich *Cranberry Sauce * Peas and Carrots	Chicken Salad Cold Plate: Apple and Cranberry Chicken Salad Cucumber Slices Brioche Bun	♣Grilled Cheese Sandwich ♣Waffle Fries ♣Tomato Slices ♣Strawberries	*Chili Con Carne, Sour Cream and Cheddar Cheese *Garden Salad *Cornbread	*Chicken Burger with Mayo *Fries *Caesar Salad *Diced Pears	♣Teriyaki Beef and Broccoli Stir Fry ♣Asian Noodles	♣Quiche Lorraine ♣Roasted Potatoes and Asparagus Vegetable Blend ♣Canned Peaches
IOZ	♣Fruit Cocktail <u>OR:</u> Assorted Sandwiches	♣lce Cream <u>OR:</u> Assorted Sandwiches	<u>OR:</u> Assorted Sandwiches	♣Banana <u>OR:</u> Assorted Sandwiches	<u>OR:</u> Assorted Sandwiches	♣Yogurt <u>OR:</u> Assorted Sandwiches	<u>OR:</u> Assorted Sandwiches
PM	Assorted Cookies Milk or Juice	Assorted Cookies Milk or Juice	Assorted Cookies Milk or Juice	Assorted Cookies Milk or Juice	Assorted Cookies Milk or Juice	Assorted Cookies Milk or Juice	Assorted Cookies Milk or Juice
D	*Salisbury Steak *Baked Potato with Sour Cream and Scallions *Buttered Corn	♣Soy and Ginger Pork Roast ♣Rice Pilaf ♣San Francisco Vegetable Mix	♣Cabbage Rolls ♣Roasted Baby Potatoes ♣Parslied Carrots	♣Bruschetta Baked Salmon ♣Lemon Pasta ♣Buttery Garlic Green Beans	Beef BourguignonChive Whipped PotatoesPEI Mixed Vegetables	Chicken Bacon Ranch Baked PenneGarlic Bread StickCauliflower	*Homemade Meatloaf *Twice Baked Potato Casserole Pick of the Day Vegetable
1 Z Z –	♣Jello Pudding Cake	♣Orange Citrus Cake OR:	Banana Pudding with Whipped Cream	*Deluxe Cheesecake OR:	♣Donut <u>OR:</u> Cassanda	♣Mousse	Blend ♣Pie Night
IJ m.	<u>OR:</u> Meat Lasagna	Honey Garlic Meatballs	<u>OR:</u> Soup and Sandwich	Cheeseburger with Condiments	Casserole	<u>OR:</u> Breaded Fish with Tartar Sauce	<u>OR:</u> Glazed Ham
S	Assorted Sandwiches Milk or Juice	Assorted Sandwiches Milk or Juice	Assorted Sandwiches Milk or Juice	Assorted Sandwiches Milk or Juice	Assorted Sandwiches Milk or Juice	Assorted Sandwiches Milk or Juice	Assorted Sandwiches Milk or Juice
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Assorted Sandwiches Milk or Juice	♣Honey French Chicken Breast ♣Melting Potatoes ♣Sunrise Mixed Vegetables ♣Caramel Vanilla Swirl Cake OR: Soup and Sandwich	Assorted Cookies Milk or Juice	*Roasted Red Pepper Soup *Philly Cheesesteak Sandwich *Tater Tots *Green Pepper Slaw *Pineapple Tidbits *Assorted Sandwiches	Milk or Juice	♣Cream of Wheat ♣Cottage Cheese ♣Toast and Preserves ♣Fresh Fruit <u>OR:</u> Cold Cereal Peanut Butter	MONDAY May 19 June 16 July 14 Aug11 Sept 8 Oct 6
Assorted Sandwiches Milk or Juice	*Sweet and Sour Meatballs	Assorted Cookies Milk or Juice	*Spring Vegetable Beef Barley Soup *Turkey, Cheese, and Lettuce Sandwich *Black Bean and Corn Salad *Applesauce OR: Assorted Sandwiches	Milk or Juice	 ♣Cream of Wheat ♣Hard Boiled Eggs ♣Toast and Preserves ♣Fresh Fruit <u>OR:</u> Cold Cereal Peanut Butter 	TUESDAY May 20 June 17 July 15 Aug 12 Sept 9 Oct 7
Assorted Sandwiches Milk or Juice	*Chicken Pot Pie *Sautéed Green Beans with Almonds *Strudel *Strudel OR: Salisbury Steak	Assorted Cookies Milk or Juice	♣Cream of Potato and Leek Soup ♣Fish Wings with Tartar Sauce ♣Fries ♣Creamy Coleslaw ♣Cantaloupe OR: Assorted Sandwiches	Milk or Juice	♣Oatmeal ♣Breakfast Quiche ♣Toast and Preserves ♣Fresh Fruit OR: Cold Cereal Peanut Butter	WEDNESDAY May 21 June 18 July 16 Aug 13 Sept 10 Oct 8
Assorted Sandwiches Milk or Juice	♣Boneless Pork Chops in Fire Roasted Tomato Sauce ♣Parisian Potatoes ♣Sugar Snap Peas ♣Ambrosia ♣Ambrosia OR: Butter Chicken	Assorted Cookies Milk or Juice	♣Summer Vegetable Florentine Soup ♣Pineapple Teriyaki Veggie Burger ♣Potato wedges ♣Garden Salad ♣Banana <u>OR:</u> Assorted Sandwiches	Milk or Juice	♣Cream of Wheat ♣Breakfast Maple Pork Patty ♣Toast and Preserves ♣Fresh Fruit OR: Cold Cereal Peanut Butter	THURSDAY May 22 June 19 July 17 Aug 14 Sept 11 Oct 9
Assorted Sandwiches Milk or Juice	♣Pesto Veal Cutlet with Roasted Red Peppers ♣Garlic Butter Pasta Shells ♣Montego Mixed Vegetables ♣Tiramisu Cake <i>OR:</i> Teriyaki Salmon	Assorted Cookies Milk or Juice	*Chicken Gumbo Soup Summer Cottage Cheese Cold Plate: *Cottage Cheese * Banana Bread *Cucumber Slices *Carrot Pineapple Salad *Watermelon OR: Assorted Sandwiches	Milk or Juice	♣Oatmeal ♣Mexican Omelette ♣Toast and Preserves ♣Fresh Fruit OR: Cold Cereal Peanut Butter	FRIDAY May 23 June 20 July 18 Aug15 Sept 12 Oct 10
Assorted Sandwiches Milk or Juice	*Grilled Brown Sugar Boneless Chicken Thighs Au Gratin Potatoes Buttered Garden Peas and Carrots Ice Cream OR: Glazed Meatloaf	Assorted Cookies Milk or Juice	♣Italian Wedding Soup ♣Beef Cannelloni in Tomato Sauce ♣ Caesar Salad ♣ Garlic Toast ♣ Fresh Orange Sections OR Assorted Sandwiches	Milk or Juice	♣Oatmeal ♣Cheese ♣Muffin ♣Toast and Preserves ♣Fresh Fruit <u>OR:</u> Cold Cereal Peanut Butter	SATURDAY May 24 June 21 July 19 Aug16 Sept 13 Oct 11
Assorted Sandwiches Milk or Juice	*Tuscan Braised Beef Ribette	Assorted Cookies Milk or Juice	*Cream of Vegetable Soup *Belgian Waffles with Syrup *Chicken and Apple Sausage *Tomato Slices *Mango *Mango OR: Assorted Sandwiches	Milk or Juice	*Cream of Wheat *Scrambled Eggs and Bacon *Toast and Preserves *Fresh Fruit OR: Cold Cereal Peanut Butter	SUNDAY May 25 June 22 July 20 Aug 17 Sept 14 Oct 12