

DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	<ul style="list-style-type: none"> ♣ Cream of Wheat ♣ Cottage Cheese ♣ Toast and Preserves ♣ Fruit <p>OR: Cold Cereal Peanut Butter</p>	<ul style="list-style-type: none"> ♣ Cream of Wheat ♣ Hard Boiled Eggs ♣ Toast and Preserves ♣ Fruit <p>OR: Cold Cereal Peanut Butter</p>	<ul style="list-style-type: none"> ♣ Oatmeal ♣ Cheesy Scrambled Eggs ♣ Toast and Preserves ♣ Fruit <p>OR: Cold Cereal Peanut Butter</p>	<ul style="list-style-type: none"> ♣ Cream of Wheat ♣ Turkey Sausage ♣ Toast and Preserves ♣ Fruit <p>OR: Cold Cereal Peanut Butter</p>	<ul style="list-style-type: none"> ♣ Oatmeal ♣ Poached Eggs ♣ Toast and Preserves ♣ Fruit <p>OR: Cold Cereal Peanut Butter</p>	<ul style="list-style-type: none"> ♣ Oatmeal ♣ Cheese Portion ♣ Muffin ♣ Fruit <p>OR: Cold Cereal Peanut Butter</p>	<ul style="list-style-type: none"> ♣ Cream of Wheat ♣ Scrambled Eggs and Bacon ♣ Toast and Preserves ♣ Fruit <p>OR: Cold Cereal Peanut Butter</p>
AM	<p>Water or Juice</p> <ul style="list-style-type: none"> ♣ Roasted Red Pepper Soup ♣ Beef Sausage Roll ♣ Baked Beans ♣ Mixed Slaw ♣ Strawberries <p>OR: Assorted Sandwiches</p>	<p>Water or Juice</p> <ul style="list-style-type: none"> ♣ Spring World Soup ♣ Egg Salad on Croissant ♣ Beet Salad ♣ Pickles ♣ Fudge Bars <p>OR: Assorted Sandwiches</p>	<p>Water or Juice</p> <ul style="list-style-type: none"> ♣ Cream of Mushroom Soup ♣ Chicken Tenders ♣ Plum Sauce ♣ Fries ♣ Garden Salad ♣ Jello <p>OR: Assorted Sandwiches</p>	<p>Water or Juice</p> <ul style="list-style-type: none"> ♣ Chicken Parmesan Soup ♣ Pulled Pork ♣ Pompo ♣ Chickpea and Vegetable Salad ♣ Banana <p>OR: Assorted Sandwiches</p>	<p>Water or Juice</p> <ul style="list-style-type: none"> ♣ Borscht ♣ Perogy Lunch ♣ Condiments ♣ Garlic Sausage ♣ Garden Peas ♣ Cinnamon Pears <p>OR: Assorted Sandwiches</p>	<p>Water or Juice</p> <ul style="list-style-type: none"> ♣ Summer Barley Soup ♣ Chicken Ball ♣ Egg Fried Rice ♣ Sunshine Mix ♣ Mandarin Segments <p>OR: Assorted Sandwiches</p>	<p>Water or Juice</p> <ul style="list-style-type: none"> ♣ Creamy Chowder ♣ Cheeseburger ♣ Waffle Fries ♣ Marinated Cold Vegetables ♣ Apple Slices <p>OR: Assorted Sandwiches</p>
LUNCH	<p>Assorted Cookies Water or Juice</p> <ul style="list-style-type: none"> ♣ Cranberry Chicken ♣ Latka Potato ♣ Sweet Carrots ♣ Boston Cream <p>OR: Lasagna</p>	<p>Assorted Cookies Water or Juice</p> <ul style="list-style-type: none"> ♣ Meat Lasagna ♣ Garlic Bread ♣ Braised Red Cabbage ♣ Poundcake <p>OR: Roasted Fish</p>	<p>Assorted Cookies Water or Juice</p> <ul style="list-style-type: none"> ♣ Crusted Tilapia with Cocktail Sauce ♣ Jasmine Rice ♣ Mixed Vegetables ♣ Ice Cream Sandwich <p>OR: Chicken Breast</p>	<p>Assorted Cookies Water or Juice</p> <ul style="list-style-type: none"> ♣ Turkey Pasta Bake ♣ Spring Medley ♣ Rice Pudding <p>OR: Liver and Fried Onions</p>	<p>Assorted Cookies Water or Juice</p> <ul style="list-style-type: none"> ♣ Classic Roast Beef Dinner: ♣ Roast Beef ♣ Mini Yorkies ♣ Mashed Potatoes with Gravy ♣ Turnips ♣ Jello Fruit Salad <p>OR: Soup and Sandwich</p>	<p>Assorted Cookies Water or Juice</p> <ul style="list-style-type: none"> ♣ Pork Chops ♣ Baby Creamer Potatoes ♣ Spiced Brussel Sprouts ♣ Yogurt <p>OR: Meatball</p>	<p>Assorted Cookies Water or Juice</p> <ul style="list-style-type: none"> ♣ Honey Ham Dinner ♣ Scalloped Potatoes ♣ California Mix ♣ Pie Night <p>OR: Chicken</p>
PM	<p>Assorted Sandwiches Water or Juice</p>	<p>Assorted Sandwiches Water or Juice</p>	<p>Assorted Sandwiches Water or Juice</p>	<p>Assorted Sandwiches Water or Juice</p>	<p>Assorted Sandwiches Water or Juice</p>	<p>Assorted Sandwiches Water or Juice</p>	
HS	<p>Assorted Sandwiches Water or Juice</p>	<p>Assorted Sandwiches Water or Juice</p>	<p>Assorted Sandwiches Water or Juice</p>	<p>Assorted Sandwiches Water or Juice</p>	<p>Assorted Sandwiches Water or Juice</p>	<p>Assorted Sandwiches Water or Juice</p>	

Approved by: Blondratuwa RD

DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AM	<ul style="list-style-type: none"> Water or Juice 	<ul style="list-style-type: none"> Water or Juice 	<ul style="list-style-type: none"> Water or Juice 	<ul style="list-style-type: none"> Water or Juice 	<ul style="list-style-type: none"> Water or Juice 	<ul style="list-style-type: none"> Water or Juice 	<ul style="list-style-type: none"> Water or Juice
BREAKFAST	<ul style="list-style-type: none"> ♣ Cream of Wheat ♣ Cottage Cheese ♣ Toast and Preserves ♣ Fruit <p>OR:</p> <ul style="list-style-type: none"> Cold Cereal Peanut Butter 	<ul style="list-style-type: none"> ♣ Cream of Wheat ♣ Hard Boiled Eggs ♣ Toast and Preserves ♣ Fruit <p>OR:</p> <ul style="list-style-type: none"> Cold Cereal Peanut Butter 	<ul style="list-style-type: none"> ♣ Oatmeal ♣ Vegetable Omelette ♣ Toast and Preserves ♣ Fruit <p>OR:</p> <ul style="list-style-type: none"> Cold Cereal Peanut Butter 	<ul style="list-style-type: none"> ♣ Oatmeal ♣ Cottage Cheese ♣ Toast and Preserves ♣ Fruit <p>OR:</p> <ul style="list-style-type: none"> Cold Cereal Peanut Butter 	<ul style="list-style-type: none"> ♣ Cream of Wheat ♣ Mushroom Omelette ♣ Toast and Preserves ♣ Fruit <p>OR:</p> <ul style="list-style-type: none"> Cold Cereal Peanut Butter 	<ul style="list-style-type: none"> ♣ Oatmeal ♣ Poached Eggs ♣ Toast and Preserves ♣ Fruit <p>OR:</p> <ul style="list-style-type: none"> Cold Cereal Peanut Butter 	<ul style="list-style-type: none"> ♣ Cream of Wheat ♣ Cheese Portion ♣ Muffin ♣ Fruit <p>OR:</p> <ul style="list-style-type: none"> Cold Cereal Peanut Butter Toast and Preserves
LUNCH	<ul style="list-style-type: none"> ♣ Chicken Tortilla Soup ♣ Beef Taco Bake ♣ Spring Salad ♣ Fresh Orange Sections <p>OR:</p> <ul style="list-style-type: none"> Assorted Sandwiches 	<ul style="list-style-type: none"> ♣ Chicken Noodle Soup ♣ Turkey, Provolone and Lettuce Sandwich ♣ Potato Salad ♣ Pickles <p>OR:</p> <ul style="list-style-type: none"> Jello Assorted Sandwiches 	<ul style="list-style-type: none"> ♣ Cream of Asparagus Soup ♣ Fish and Chips ♣ Coleslaw ♣ Chunky Mango <p>OR:</p> <ul style="list-style-type: none"> Assorted Sandwiches 	<ul style="list-style-type: none"> ♣ Turkey Rice Soup ♣ Chicken Dippers ♣ Baked Macaroni ♣ Rainbow Mix ♣ Banana <p>OR:</p> <ul style="list-style-type: none"> Assorted Sandwiches 	<ul style="list-style-type: none"> ♣ Cream of Mushroom Soup ♣ Pineapple Veggie Burger ♣ Cut Potato ♣ Red Pepper and Corn Salad ♣ Ice Cream <p>OR:</p> <ul style="list-style-type: none"> Assorted Sandwiches 	<ul style="list-style-type: none"> ♣ Potato Vegetable Soup ♣ Beef Pot Pie with Gravy ♣ Honey Dill Carrots ♣ Tropical Fruit Salad <p>OR:</p> <ul style="list-style-type: none"> Assorted Sandwiches 	<ul style="list-style-type: none"> ♣ Corn Chowder ♣ Buttermilk Pancakes with Syrup ♣ Hashbrown Potato ♣ Bacon ♣ Scrambled Eggs ♣ Blueberries with Topping <p>OR:</p> <ul style="list-style-type: none"> Assorted Sandwiches
PM	<ul style="list-style-type: none"> Assorted Cookies Water or Juice 	<ul style="list-style-type: none"> Assorted Cookies Water or Juice 	<ul style="list-style-type: none"> Assorted Cookies Water or Juice 	<ul style="list-style-type: none"> Assorted Cookies Water or Juice 	<ul style="list-style-type: none"> Assorted Cookies Water or Juice 	<ul style="list-style-type: none"> Assorted Cookies Water or Juice 	<ul style="list-style-type: none"> Assorted Cookies Water or Juice
DINNER	<ul style="list-style-type: none"> ♣ Chicken Cacciatore ♣ Spaghetti ♣ Sunrise Blend ♣ Raspberry Squares <p>OR:</p> <ul style="list-style-type: none"> Baked Cod 	<ul style="list-style-type: none"> ♣ Swedish Meatballs ♣ Mashed Potatoes ♣ Paradiso Blend ♣ Pudding with Whipped Cream <p>OR:</p> <ul style="list-style-type: none"> Ham 	<ul style="list-style-type: none"> ♣ Chicken Supreme ♣ Prairie Potato ♣ Broccoli Florets ♣ German Chocolate Cake <p>OR:</p> <ul style="list-style-type: none"> Soup and Sandwich 	<ul style="list-style-type: none"> ♣ Country Pork Chops ♣ Layered Potato ♣ Kale and Bean Mix ♣ Jello Poke Cake <p>OR:</p> <ul style="list-style-type: none"> Liver and Fried Onions 	<ul style="list-style-type: none"> ♣ Chermoula Basa ♣ Wild Rice ♣ Fancy Four ♣ Mousse <p>OR:</p> <ul style="list-style-type: none"> Chicken Burger 	<ul style="list-style-type: none"> ♣ Pesto Veal ♣ Fingering Potato ♣ Italian Blend ♣ Cream Puffs with Drizzle <p>OR:</p> <ul style="list-style-type: none"> Pot Pie 	<ul style="list-style-type: none"> ♣ Honey Garlic Dry Pork Ribs ♣ Chow Mein Noodles ♣ Oriental Mix ♣ Pie Night <p>OR:</p> <ul style="list-style-type: none"> Salmon
HS	<ul style="list-style-type: none"> Assorted Sandwiches Water or Juice 	<ul style="list-style-type: none"> Assorted Sandwiches Water or Juice 	<ul style="list-style-type: none"> Assorted Sandwiches Water or Juice 	<ul style="list-style-type: none"> Assorted Sandwiches Water or Juice 	<ul style="list-style-type: none"> Assorted Sandwiches Water or Juice 	<ul style="list-style-type: none"> Assorted Sandwiches Water or Juice 	<ul style="list-style-type: none"> Assorted Sandwiches Water or Juice

Approved by: Spandana RD

DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
PM	<ul style="list-style-type: none"> Assorted Cookies Water or Juice 	<ul style="list-style-type: none"> Assorted Cookies Water or Juice 	<ul style="list-style-type: none"> Assorted Cookies Water or Juice 	<ul style="list-style-type: none"> Assorted Cookies Water or Juice 	<ul style="list-style-type: none"> Assorted Cookies Water or Juice 	<ul style="list-style-type: none"> Assorted Cookies Water or Juice 	<ul style="list-style-type: none"> Assorted Cookies Water or Juice
LUNCH	<ul style="list-style-type: none"> Assorted Sandwiches OR: Assorted Sandwiches 	<ul style="list-style-type: none"> Assorted Sandwiches OR: Assorted Sandwiches 	<ul style="list-style-type: none"> Assorted Sandwiches OR: Assorted Sandwiches 	<ul style="list-style-type: none"> Assorted Sandwiches OR: Assorted Sandwiches 	<ul style="list-style-type: none"> Assorted Sandwiches OR: Assorted Sandwiches 	<ul style="list-style-type: none"> Assorted Sandwiches OR: Assorted Sandwiches 	<ul style="list-style-type: none"> Assorted Sandwiches OR: Assorted Sandwiches
AM	<ul style="list-style-type: none"> Minestrone Soup Beef Dip Green Pepper Slaw Wedge Fries Fruit Cocktail OR: Assorted Sandwiches 	<ul style="list-style-type: none"> Cauliflower and Cheese Soup Chicken Salad Cold Plate: Apple Cranberry Chicken Salad Cucumber Slices Bun Alce Cream OR: Assorted Sandwiches 	<ul style="list-style-type: none"> Tomato Soup Grilled Ryeben Sandwich Waffle Fries Tomato Slices Diced Pears OR: Assorted Sandwiches 	<ul style="list-style-type: none"> Lentil Soup Turkey Chili Garnishes/Condiments Garden Salad Cornbread Banana OR: Assorted Sandwiches 	<ul style="list-style-type: none"> Carrot Ginger Chowder Pilled Beef Fries Greek Salad Jello OR: Assorted Sandwiches 	<ul style="list-style-type: none"> Butternut Squash Soup Spinach Feta Quiche Glazed Parsnips Yogurt OR: Assorted Sandwiches 	<ul style="list-style-type: none"> Vegetable Rice Soup Cottage Cheese Fruit Plate: Cottage Cheese Cucumber Slices Banana Bread Carrot Salad Honeydew OR: Assorted Sandwiches
BREAKFAST	<ul style="list-style-type: none"> Cream of Wheat Cottage Cheese Toast and Preserves Fruit OR: Cold Cereal Peanut Butter 	<ul style="list-style-type: none"> Cream of Wheat Hard Boiled Eggs Toast and Preserves Fruit OR: Cold Cereal Peanut Butter 	<ul style="list-style-type: none"> Oatmeal Poached Eggs Toast and Preserves Fruit OR: Cold Cereal Peanut Butter 	<ul style="list-style-type: none"> Oatmeal Cheese Portion Muffin Fruit OR: Cold Cereal Peanut Butter Toast and Preserves 	<ul style="list-style-type: none"> Cream of Wheat Western Omelette Toast and Preserves Fruit OR: Cold Cereal Peanut Butter 	<ul style="list-style-type: none"> Oatmeal Beef Sausage Toast and Preserves Fruit OR: Cold Cereal Peanut Butter 	<ul style="list-style-type: none"> Cream Of Wheat Scrambled Eggs and Bacon Toast and Preserves Fruit OR: Cold Cereal Peanut Butter
DINNER	<ul style="list-style-type: none"> BBQ Pork Wing Melon Potato New England Blend Tarts OR: Lasagna 	<ul style="list-style-type: none"> Salisbury Steak Baked Potato with Green Onion and Sour Cream Buttered Corn Jello Divinity Candy OR: Pork 	<ul style="list-style-type: none"> Cabbage Rolls Red Potatoes Ginger Carrots Donut OR: Soup and Sandwich 	<ul style="list-style-type: none"> Caper Butter Salmon Dauphinoise potato Lyonnaisse Beans Cream Cheesecake OR: Cheeseburger 	<ul style="list-style-type: none"> Classic Turkey Dinner: Turkey Stuffing Mashed Potatoes Gravy Lemon pudding OR: Casserole 	<ul style="list-style-type: none"> Tangerine Chicken Filled Pasta Cauliflower Mousse OR: Breaded Fish with Tartar Sauce 	<ul style="list-style-type: none"> Homemade Meat Loaf Creamy Mashed Potatoes Heartland Mix Pie Night OR: Glazed Ham
HS	<ul style="list-style-type: none"> Assorted Sandwiches Water or Juice 	<ul style="list-style-type: none"> Assorted Sandwiches Water or Juice 	<ul style="list-style-type: none"> Assorted Sandwiches Water or Juice 	<ul style="list-style-type: none"> Assorted Sandwiches Water or Juice 	<ul style="list-style-type: none"> Assorted Sandwiches Water or Juice 	<ul style="list-style-type: none"> Assorted Sandwiches Water or Juice 	<ul style="list-style-type: none"> Assorted Sandwiches Water or Juice

Approved by: Wendy D. RD

DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	<ul style="list-style-type: none"> ♣ Cream of Wheat ♣ Cottage Cheese ♣ Toast and Preserves ♣ Fruit <p>OR: Cold Cereal Peanut Butter</p>	<ul style="list-style-type: none"> ♣ Cream of Wheat ♣ Hard Boiled Eggs ♣ Toast and Preserves ♣ Fruit <p>OR: Cold Cereal Peanut Butter</p>	<ul style="list-style-type: none"> ♣ Oatmeal ♣ Maple Pork Patty ♣ Toast and Preserves ♣ Fruit <p>OR: Cold Cereal Peanut Butter</p>	<ul style="list-style-type: none"> ♣ Cream of Wheat ♣ Vegetarian Quiche ♣ Toast and Preserves ♣ Fruit <p>OR: Cold Cereal Peanut Butter</p>	<ul style="list-style-type: none"> ♣ Oatmeal ♣ Mexican Omelette ♣ Toast and Preserves ♣ Fruit <p>OR: Cold Cereal Peanut Butter</p>	<ul style="list-style-type: none"> ♣ Oatmeal ♣ Cheese Portion ♣ Muffin ♣ Fruit <p>OR: Cold Cereal Peanut Butter Toast and Preserves</p>	<ul style="list-style-type: none"> ♣ Cream of Wheat ♣ Scrambled Eggs and Bacon ♣ Toast and Preserves ♣ Fruit <p>OR: Cold Cereal Peanut Butter</p>
AM	<p>Water or Juice</p>	<p>Water or Juice</p>	<p>Water or Juice</p>	<p>Water or Juice</p>	<p>Water or Juice</p>	<p>Water or Juice</p>	<p>Water or Juice</p>
LUNCH	<ul style="list-style-type: none"> ♣ Tomato Vegetable Soup ♣ Wieners and Beans ♣ Greens and Berries ♣ Watermelon <p>OR: Assorted Sandwiches</p>	<ul style="list-style-type: none"> ♣ Beef Barley Soup ♣ Tuna Sandwich ♣ Summer Greens ♣ Pickles ♣ Applesauce <p>OR: Assorted Sandwiches</p>	<ul style="list-style-type: none"> ♣ Chicken Gumbo Soup ♣ Red Pepper Steak ♣ O'Brien Potato ♣ Horizon Blend ♣ Jello <p>OR: Assorted Sandwiches</p>	<ul style="list-style-type: none"> ♣ Heart Healthy Soup ♣ Hot Turkey Sandwich ♣ Romanesco Vegetables ♣ Banana <p>OR: Assorted Sandwiches</p>	<ul style="list-style-type: none"> ♣ Potato and Leek Soup ♣ Chicken Burger ♣ Fries ♣ Tossed Florets ♣ Mixed Fruit <p>OR: Assorted Sandwiches</p>	<ul style="list-style-type: none"> ♣ Italian Wedding Mix Soup ♣ Cheese Ravioli ♣ Caesar Salad ♣ Garlic Bread ♣ Crushed Pineapple <p>OR: Assorted Sandwiches</p>	<ul style="list-style-type: none"> ♣ Cream of Vegetable Soup ♣ Belgian Waffle ♣ Chicken and Apple Sausage ♣ Tomato Slices ♣ Berry Blend <p>OR: Assorted Sandwiches</p>
PM	<p>Assorted Cookies Water or Juice</p> <ul style="list-style-type: none"> ♣ Stew ♣ Biscuit ♣ Sunrise Mix ♣ Creamy Parfaits <p>OR: Soup And Sandwich</p>	<p>Assorted Cookies Water or Juice</p> <ul style="list-style-type: none"> ♣ Turkey Piccata ♣ Gnocchi ♣ Montego Mix ♣ Strawberry Pudding <p>OR: Ham</p>	<p>Assorted Cookies Water or Juice</p> <ul style="list-style-type: none"> ♣ Pork Meat Pie ♣ Mashed Potatoes and Gravy ♣ Paradiso Vegetables ♣ Rainbow Jell-O Cake <p>OR: Meatballs</p>	<p>Assorted Cookies Water or Juice</p> <ul style="list-style-type: none"> ♣ Cowboy Steak ♣ Anna Potato ♣ New England Mix ♣ Carrot Cake <p>OR: Pork</p>	<p>Assorted Cookies Water or Juice</p> <ul style="list-style-type: none"> ♣ Roasted Cod ♣ Risotto ♣ Montego Mix ♣ Fruit Upside Down Cake <p>OR: Swiss Steak</p>	<p>Assorted Cookies Water or Juice</p> <ul style="list-style-type: none"> ♣ Tangerine Chicken ♣ Yukon Gold ♣ Peas and Carrots ♣ Ice Cream <p>OR: Beef Slices</p>	<p>Assorted Cookies Water or Juice</p> <ul style="list-style-type: none"> ♣ Beef Ribette ♣ Couscous ♣ Day Pick Mix ♣ Pie Night <p>OR: Turkey</p>
HS	<p>Assorted Sandwiches Water or Juice</p>	<p>Assorted Sandwiches Water or Juice</p>	<p>Assorted Sandwiches Water or Juice</p>	<p>Assorted Sandwiches Water or Juice</p>	<p>Assorted Sandwiches Water or Juice</p>	<p>Assorted Sandwiches Water or Juice</p>	<p>Assorted Sandwiches Water or Juice</p>

Approved by:

Abundantia RD